

# Bike for Life

CITY OF HAWAIIAN GARDENS  
HUMAN SERVICES DEPARTMENT

The Bike for Life program is dedicated to the fight against obesity and diabetes in our community. Every month the City donates three bikes to Furgeson, Hawaiian, and Melbourne to implement an increase in physical activity in our community. Beginning in February and all through September, there will be a bike ride every 1st and 3rd Saturday, depending on holidays and City events. (Please see the schedule printed on the right.)

## STARTING POINT:

- Lee Ware Park- 22300 Wardham Ave., Hawaiian Gardens, CA 90716

## PICNIC/ ENDING POINT:

- Cerritos Regional- 19700 Bloomfield Park, Cerritos, Ca  
*or*
- El Dorado Park- 7550 E. Spring St., Long Beach, Ca

\*In the case of poor weather, Bike for Life will be cancelled without notice.\*

## 2010 Calendar

- 2/20/10
- 3/6/10
- 3/20/10
- 4/17/10
- 5/1/10
- 5/15/10
- 6/5/10
- 6/19/10
- 7/17/10
- 8/7/10
- 8/21/10
- 9/4/10
- 9/18/10

8:30am-10:00am Bike

Tech

Assistance

10:00am-1:00pm Bike Ride,

Picnic, and Raffle



For More Information  
Please Contact:

Myra Maravilla  
Recreation Leader

C. Robert Lee Activity Center  
21815 Pioneer Blvd. Hawaiian  
Gardens, Ca 90716-1228

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