

City of Hawaiian Gardens - Human Services Department

YOGA CLASSES

Flexibility • Relaxation • Basic Muscle Conditioning



Saturday's 9:00am - 10:00am
C. Robert Lee Activity Center
21815 Pioneer Blvd., Hawaiian Gardens

Ages 12 and older

Resident Adults \$2.00 - Non-Resident Adults \$4.00
Resident Seniors Free - Non-Resident Seniors \$1.00
Youth \$1.00 ages 12-17

*Bring with you Yoga mat or big towel and water

For additional information please call 562.420.2641 ext. 229 or visit us at hgcity.org