

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1 Happy July Birthdays!</b>  <b>BEEF STEW</b>                      w/<b>POTATOES, CELERY &amp; CARROTS</b>                      WG Roll (1)                      Garden Salad w/Iceberg, Cucumber &amp; Tomatoes                      Orange / “Cake” </p>	<p><b>2 Choice of Entrée</b>                      Lentil Soup  <b>BLACKEN FISH</b> (Unbreaded)  <b>OR PORK LOIN w/ SAUCE</b>                      Barley Pilaf                      Peas &amp; Onions                      Tricolor Slaw                      Banana</p>	<p><b>3 4<sup>th</sup> of July Celebration!</b>                      Cranberry Juice  <b>BBQ CHICKEN</b>                      WG Bread                      Baked Beans                      Corn-on-the-cob or Cut Corn                      Creamy Coleslaw                      Watermelon</p>	<p><b>4 ALL SITES CLOSED FOR 4<sup>TH</sup> OF JULY</b></p> 	<p><b>5 Turkey Rice Soup</b>  <b>OVEN BAKED FISH (Breaded)</b>                      WG Penne Pasta                      Broccoli                      Marinated Beet Salad                      Peaches</p>
<p><b>8 PORK CHOP ADOBO</b>                      WG Bread                      Brown Rice                      Zucchini Medley                      Romaine Caesar Salad                      Chocolate Ice Cream</p>	<p><b>9 BBQ HAMBURGER</b>                      WG Bun (1)                      Macaroni Salad                      Mexicali Corn                      Broccoli                      Peach or Plum</p>	<p><b>10 Choice of Entrée</b>  <b>TURKEY CHILI OR VEGETARIAN CHILI</b>                      WG Roll                      Baked Potato                      Chopped Kale &amp; Spinach Salad                      Watermelon</p>	<p><b>11 Tomato Bisque</b>  <b>LEMON DIJON BAKED FISH</b>                      Rice Pilaf                      Banana Squash                      Coleslaw                      Banana</p>	<p><b>12 Chicken Noodle Soup</b>  <b>ROAST BEEF W/GRAVY</b>                      WG Roll (1)                      Mashed Potatoes                      Green Beans w/ Herbs                      Ambrosia Salad</p>
<p><b>15 Cream of Corn Soup</b>  <b>TUNA SANDWICH</b>                      WG Bread                      Coleslaw                      Garden Salad w/ Radish &amp; Corn                      Cantaloupe</p>	<p><b>16 Carrot Ginger Soup</b>  <b>CHINESE CHICKEN SALAD</b>                      Dinner Roll / Dry Noodles                      Green Beans                      Iceberg, Romaine &amp; Red Onion                      Mandarin Orange</p>	<p><b>17 SPAGHETTI w/ MEATBALLS</b>                      WG Spaghetti                      Sourdough Bread w/ Garlic Spread                      Broccoli                      Mesclun Mix Salad                      Baked Maple Pears</p>	<p><b>18 Orange Juice</b>  <b>CHICKEN ENCHILADA w/ RED SAUCE</b>                      Chopped Salad w/Tomato &amp; Cucumber                      Pinto Beans                      Peaches</p>	<p><b>19 Cream of Broccoli Soup</b>  <b>HERB RUBBED PORK ROAST w/ HONEY MUSTARD SAUCE</b>                      WG Bread Stuffing                      Sweet Potato                      Pear &amp; Mango                      Vanilla Ice Cream</p>
<p><b>22 Choice of Entrée</b>  <b>TURKEY A LA KING OR LENTIL STEW</b>                      WG Roll                      Peas &amp; Carrots                      Spinach &amp; Kale Salad w/ Red Onion                      Banana</p>	<p><b>23 BEEF LASAGNA</b>                      WG Bread w/ Garlic Spread                      Broccoli &amp; Cauliflower                      Romaine &amp; Shredded Cabbage Salad w/ Beets                      Fruited Yogurt w/ Mango &amp; Strawberries</p>	<p><b>24 Split Pea Soup</b>  <b>TUNA SALAD</b>                      WG Bread                      Creamy Cucumber Salad                      Mixed Salad Greens w/ Radish &amp; Tomato                      Cantaloupe</p>	<p><b>25 Italian Wedding Soup</b>  <b>BBQ PULLED PORK</b>                      WG Hamburger Bun                      Potato Salad                      Collard Greens                      Orange</p>	<p><b>26 Egg Drop Soup</b>  <b>BEEF TERIYAKI</b>                      WG Bread (1)                      Brown Rice                      Oriental Vegetables                      Chopped Kale Salad w/ Shredded Brussels Sprouts                      Plums or Peaches</p>
<p><b>29 Pineapple Juice</b>  <b>OVEN BAKED CHICKEN (L &amp; T)</b>                      WG Dinner Roll                      Sautéed Cabbage                      Baked Sweet Potato                      Rainbow Sherbet</p>	<p><b>30 Minestrone Soup</b>  <b>STUFFED BELL PEPPER</b>                      Cornbread                      Mashed Potatoes                      Cucumber Salad w/ Tomato, Red Onion, Edamame in Asian Dressing                      Peaches</p>	<p><b>31 Orange Juice</b>  <b>SWISS STEAK PATTY w/ MUSHROOM CREAM SAUCE &amp; ONION</b>                      Barley w/ Herbs                      Chopped Kale Salad w/ Beets                      Zucchini Medley                      Pear</p>	<p><b>SUGGESTED DONATION FOR SENIORS 60 YRS &amp; OLDER \$2.25 FEE FOR NON-SENIORS \$6.00</b></p>	

